

# Ruthin Leisure Centre Opening Times

Tel 01824 703880	Swimming Pool <b>Term</b> Time	Swimming Pool <b>Holiday</b> Time
<b>Monday</b>	7.30am - 8.30am Public Swim(60+ free) 5.00pm - 5.30pm Junior Lessons 5.30pm - 8.30pm Public Swim(60+ free) 5.30pm - 7.00pm Swimming Club 2 lanes 7:00pm - 8:00pm Public(60+ free)/Disabled Swim 8:30pm - 9:30pm Adult Swim (60+ free)	7.30am - 9:00am Public Swim (60+ & 16/u Free) 9:00am - 10:00am Junior Lessons 10:00am - 2:00pm Public Swim (60+ & 16/u Free) 11.00am – 1pm See *WAG free instructed swim programme 2:00pm - 4:00pm Inflatable (60+ & 16/u Free) 4:00pm - 8:30pm Public Swim (60+ Free)(16/u Free up to 5pm) 5.30pm – 7.00pm Swimming Club 2 lanes 5.00pm - 5.30pm Junior Lesson 8:30pm - 9:30pm Adult Swim (60+ Free Swim)
<b>Tuesday</b>	7.30am - 8.30am Free Over 60's 5.00pm - 5.30pm Junior Lessons 5.30pm - 7.30pm Public Swim(60+ free) 7:30pm - 8:30pm Aquafit (60+ free) 8:30pm - 9:30pm Public Swim(60+ free)	7.30am - 9:00am Free Over 60's session 9:00am - 10:00am Junior Lessons 10:00am - 2:00pm Public Swim (60+ & 16/u Free) 11.00am – 1pm See *WAG free instructed swim programme 2:00pm - 4:00pm Inflatable Time (60+ & 16/u Free) 4:00pm - 7:30pm Public Swim (60+ Free)(16/u Free up to 5pm) 7:30pm - 8:30pm Aquafit (60+ Free) 8:30pm - 9:30pm Public Swim (60+ Free)
<b>Wednesday</b>	7.30am - 8.30am Public lane Swimming (60+ free) 7.30am - 8.30am Swimming Club 2 lanes 5:00pm - 7.00pm Junior Lesson 7.00pm - 8:00pm Junior Swim Awards 8:00pm - 8:30pm Adult & Free Over 60's Lessons 8.30pm - 9.30pm Public Swim(60+ free) 8.30pm - 9.30pm *WAG free Water Polo	7.30am - 9:00am Public Swim (60+ & 16/u Free) 9:00am - 10:00am Junior Lessons 10:00am - 2:00pm Public Swim (60+ & 16/u Free) 11.00am – 1pm See *WAG free instructed swim programme 2:00pm - 4:00pm Inflatable Time (60+ & 16/u Free) 4.00pm – 5.00pm *WAG free Water Polo 5.00pm - 7.00pm Junior Lessons 7.00pm - 8.00pm Junior Swim Awards 8.00 – 8.30pm Instructed 60+ free swim 8.30pm - 9.30pm Public Swim(60+ Free)
<b>Thursday</b>	7.30am - 8.30am Public Swim(60+free) 5.00pm - 5.30pm Junior Lessons 5:30pm - 7:30pm Public Swimming(60 + free) 7:30pm - 8:30pm Swimming Club 8:30pm - 9:30pm Ruthin Ladies Swim	7.30am - 9:00am Public Swim (60+ & 16/u Free) 9:00am - 10:00am Junior Lessons 10:00am - 2:00pm Public Swim (60+ & 16/u Free) 11.00am – 1pm See *WAG free instructed swim programme 2:00pm - 4:00pm Inflatable Time (60+ & 16/u Free) 4:00pm - 7:30pm Public Swim (60+ Free)(16/u Free up to 5pm) 7:30pm - 8:30pm Swimming Club 8:30pm - 9:30pm Ruthin Ladies Swim
<b>Friday</b>	7.30am - 8.30am Public Swim(60+ free) 5.00pm - 7.00pm Swimming Club 7.00pm - 8:30pm Public Swim(60+ free) 8:30pm - 9:30pm Vale Sub/Public Swim(60+ free)	7.30am - 9:00am Public Swim (60+ & 16/u Free) 9:00am - 10:00am Junior Lessons 10:00am - 2:00pm Public Swim (60+ & 16/u Free) 12.noon – 1pm See *WAG free instructed swim programme 2:00pm - 4:00pm Inflatable session (60+ & 16/u Free) 4:00pm - 5.00pm Public Swim (60+ & 16/u Free) 5.00pm - 7.00pm Swimming Club 7.00pm - 8:30pm Public Swim (60+ Free) 8:30pm - 9:30pm Vale Sub/Public Swim (60+ Free)
<b>Saturday</b>	10:00am - 1.00pm Junior Lessons 12:30pm - 1:30pm Public Swim WAG free (60+ & 16/u) *1:30pm - 4:30pm Splash Time pool hire may occur between 3.30 – 4.30pm	10:00am - 1.00pm Junior Lessons 12:30pm - 1:30pm Public Swim (60+ & 16/u Free) *1:30pm - 4:30pm Inflatable Time (60+ & 16/u Free) pool hire may occur between 3.30 – 4.30pm
<b>Sunday</b>	10:00pm - 11:00pm Ducklings 11:00am - 12:30pm Family Swim 12:30pm - 3:30pm Public Swimming 3.30pm - 4.30pm Swimming Club	10:00pm - 11:00pm Ducklings 11:00am - 12:30pm Family Swim 12:30pm - 3:30pm Public Swimming (60+ & 16/u Free) 3.30pm - 4.30pm Swimming Club
<b>60+ Free Swim</b>	60+ swim Free during all public sessions	60+ swim Free during all public sessions
<b>Children and Young People 16/under</b>	*WAG free Weekly Water Polo WAG free Weekly 16/under casual free swim	Sessions marked with *WAG free must be <b>pre booked</b> via the Leisure Centre. Please contact the reception for further details.