

Denbighshire Disability Swimming Sessions for 2006/07

This Programme is subsidised as part of the Welsh Assembly Free Swim Initiative

Venue	Day	Time	Cost	Teacher	Ability	Contact
Rhyl Leisure Centre	Sunday Disability Club by end March 07	3.15 to 4.15pm	Invitation Only Via Lucy Jones 01824 712714	Mark Jones Karen Bee	Beginners, Improvers and Length Swimming	Lucy Jones 01824 712714 lucy.elizabeth.jones@denbighshire.gov.uk
Rhyl Leisure Centre	Sunday	4.15pm 4.45pm 5.15pm	£30 for a course of 10 weeks with instruction	Karen Bee Tom Williams Joy Henderson	Beginners, Improvers and Length Swimming	Karen Bee 01745 352900
Rhyl Leisure Centre	Thursday	7.30 to 8.30pm	Invitation only Via Lucy Jones 01824 712714	Mark Jones Karen Bee	Length Swimming	Lucy Jones 01824 712714 lucy.elizabeth.jones@denbighshire.gov.uk
Denbigh Leisure Centre	Wednesday	5.15pm to 5.45pm	£30 for a course of 10 weeks with instruction	Mark Jones Kara Jones Angie Blackmore	Beginners, Improvers and Length Swimming	Leisure Centre 01745 816311
Corwen Leisure Centre	Thursday	4 to 5pm	£30 for a course of 10 weeks with instruction	Mark Jones Ashley Kearns	Beginners, Improvers and Length Swimming	Mark Jones 01490 412600
Ruthin Leisure Centre	Tuesday Thursday	3.30 to 5.30pm 3.30 to 5.30pm	£30 for a course of 10 weeks with instruction	Mark Jones Ros Neil	Beginners, Improvers and Length Swimming	Leisure Centre 01824 703880
Ruthin Leisure Centre	Monday Disability Club	7 to 8pm	£1.60 pay each week, helpers are in the water.	Trevor Hood 01824 703034	Beginners and Improvers	Leisure Centre 01824 703880

For further details please contact Lucy Jones 01824 712714

Swimming Development Officer lucy.elizabeth.jones@denbighshire.gov.uk